

A/DACG; The Military's Combat Travel Agent

Story by Spc. Zia Ul Haq
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211th Mobile Public
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Kandahar, Afghanistan -- The sound of jet engines winding down is a constant at the Arrival Departure Airflow Control Group (A/DACG) terminal. There is a continual flow of people in and out of the building. Their only thought is of their upcoming journey. With these passengers arriving, departing, and some that seem to be a permanent fixture in the lobby of the A/DACG, it is the crew of the Army 332nd Movement Control Team (MCT) and the Air Force 451st Air Expeditionary Group (AEG) that maintains the calm and organization in so much chaos.

At a quick glance, the A/DACG



Members of the A/DACG scramble to make sure everything goes as planned for a flight out of KAF

would seem like an ordinary airport. As flight time approaches, exhaustion from the previous days work is visible on the faces the customers hauling luggage into the terminal. The lobby is filled with weary travelers watching a movie that seems to be drawing everyone in like a magic show. With every hour that passes, the every growing crowd is getting restless. The attendants assist customers standing at parade rest. It is clear that this is

not an ordinary airport. This is the Kandahar Air Field (KAF) A/DACG.

It is the job of the MCT and the AEG to keep track of all planes, cargo, and passengers that go in and out of Kandahar Air Field (KAF).

"On an average day there are 15 flights that go in and out of KAF", said Sgt. Gordon M. Herndon, NCOIC of the

— see A/DACG pg. 3

New Gym in store for KAF

Story by Spc. Timothy S. Melzow
211th Mobile Public
Affairs Detachment

Kandahar, Afghanistan -- Everyday life on Kandahar Air Field isn't always easy. But, a lot of people are contributing to improve living conditions and the overall quality of life here. The entire base is receiving a facelift, from the flight line to the blue (sewage) lagoon. The hustle and bustle of the base and the

tempo of projects going on are only going to escalate, because having good morale is an integral part of a successful military campaign, Morale Welfare and Recreation (MWR) has a huge role in improving the quality of life on base.

One of the biggest improvements on base is the new gymnasium. The project, which is almost completed, will be a vast improvement over the current facility. MWR employee, Robert Jones, from Fort Worth, TX, said the old gym is

simply too small for the amount of people on KAF. "On an average night, we have about 100 people working out," he said. "It gets pretty crowded in here." Housed in two tents approximately 30 feet by 80 feet each, soldiers often complained about the overcrowded conditions and lack of air conditioning. With the new gym however, space will hardly be a problem.

Located north of tent city and next to the new MWR tents, the new

— see GYM pg. 10

From the Top

U.S. Troops Intervene in Afghanistan Battle

KABUL, Afghanistan — Fighting between Afghan soldiers and police in southern Afghanistan left 10 soldiers and police dead before U.S. troops intervened. Afghan insurgents also abducted a Turkish highway engineer and demanded the release six Taliban prisoners, officials said Saturday.

Both sides in the fierce, five-hour battle are loyal, in name at least, to President Hamid Karzai's U.S.-backed government. But clashes between police and the army have broken out in many parts of Afghanistan where they fall under rival warlords and control by Karzai's government is limited.

During the battle, dozens of men fired rockets and heavy weapons in a residential area of Geriash district, 90 miles west of Kandahar. Two soldiers and as many as eight police were killed, Afghan officials said.

The fighting stopped only after U.S. troops and helicopters were requested by provincial authorities to help them control the situation, said deputy provincial governor, Haji Pir Mohammed.

It was not clear what sparked the fighting.

The kidnapping, meanwhile, took place, where Hasan Onal and his Afghan driver were abducted Thursday by armed men in a vehicle who intercepted them, blindfolded them and took them away, Turkish officials said.

Onal had been working since June on

the contract to repair part of the 300 mile highway between Kabul and the southern city of Kandahar, a high-profile project financed mostly by the United States.

The kidnappers released the driver on Friday with a note demanding the release of six men being held by U.S. forces in the southern province of Gazni, said Kurtulus Ergin, the Kabul manager of the construction firm. Turkish officials said kidnappers demanded that the six be released within two days.

Ergin said when he contacted the kidnappers on Onal's satellite telephone, they identified themselves as members of the Al Qaeda terrorist network.

"They told us our friend was not with them" any longer, Ergin said. He also was told Onal was in good health.

In Ankara, Turkish officials blamed the kidnapping on fugitive Taliban fighters.

Foreign Minister Abdullah Gul said Turkey was trying to secure Onal's release and his ministry was in touch with Pakistan and the United States.

"We're doing everything necessary to rescue our engineer without him suffering any harm," Gul told reporters in Turkey.

The Louis Berger group, of East Orange, N.J., which is in overall charge of the highway project, has complained of continuing instability on the highway, particularly its southern part.



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A/DACG FROM PG. 1

ADACG, Movement Control Team.

The A/DACG crew is responsible for the movement of many different types of cargo. With this array of unusual cargo on the different flights, there is an extra burden on the A/DACG crew.

"If the military police (MP) are flying a person under control (PUC), then we have to track what kind of cargo we load and certain personal can't fly with the PUC", said Herndon.

Units come and go in this theater all the time and it is the A/DACG that makes the transfer smooth. The A/DACG transports everything from mail, food, and medical supplies, to Hemmett tankers, helicopters and even main battle tanks (MBT).

"Most people think that you just take a hummer, put it on the plane, chain it down, and it is ready to go", said Whitt.

With so many operations happening simultaneously, the aircraft must be loaded correctly the first time. If there is something wrong, it has to be corrected right away, explained Air Force Cpt. Tracy L. Whitt, officer in charge of the Air Terminal Operations Control (ATOC), with the 451st AEG.

There is much more to loading an airplane than just fitting everything together. The weight of every vehicle is certified correctly and the axle must be marked with the weight in order to maintain the center of balance, added Whitt.



Soldiers at the A/DACG await roll-call and their flights out of KAF.



Spc. Bryan J. Gadsden checks the flight manifest for vacancies.

Because the military deals with the constant movement of troops all over the world, the A/DACG works somewhat like a travel agency.

"One of our biggest jobs is customer service. Our school for 88N, movement control specialist, teaches us how to do paper work, but we have to learn how to deal with the customers", said Herndon. "We don't control the birds we just identify the need for them", he added.

As passengers, with bags in hand, attempt to exit the lobby of the A/DACG for a scheduled departure, it is announced that they have been bumped off the flight.

"We book people, but we don't have direct control over the plane. We get all the negative flak, but when we bump someone we try to tell them when the next plane is going out", said Herndon.

The reasons for bumping people are numerous. The requirements for weight may change or the Air Force may say they can't take the cargo. We may pack up a bird but the Air Force has control of it, Herndon Added.

With each delayed flight, there is a disruption in the time line of events that contribute to a successful mission.

The mission of the A/DACG crew is to get flights out safely, with no accidents, no one hurt, and without any damage to the cargo. Nobody wants to lose a hummer or have any damage to it, stated Whitt.

"Our main priority is to get everything out on time and make sure the cargo goes where it is supposed to go, supplies are what keep the war going", said Whitt.

WORLD NEWS



U.S. soldiers search through the rubble after a Chinook helicopter was struck by a missile and crashed west of Baghdad.

Fifteen Killed in Helicopter Attack in Iraq

FALLUJAH, Iraq — A U.S. Chinook helicopter believed to be carrying troops to their R&R leaves was shot down as it headed for Baghdad airport on Sunday, killing 15 soldiers and wounding 21, the U.S. command said.

It was the deadliest single attack on American forces since the start of the war in Iraq in March.

"It does appear that a U.S. helicopter was probably shot down from the ground and it crashed, and a large number of Americans have died," Defense Secretary Donald H. Rumsfeld said in Washington.

The aircraft was hit at about 9 a.m. by a shoulder-fired missile. It crashed in cornfields near the village of Hasi — about 40 miles southwest of Baghdad and just south of Fallujah, a center of Sunni Muslim resistance to the U.S. occupation.

The missile strike was a significant new blow in an Iraq insurgency that escalated in recent days.

At least one other American soldier was killed Sunday in a ground attack in Iraq. The U.S. command said a soldier from the 1st Armored Division was killed just after midnight when a makeshift bomb was exploded as his vehicle passed while responding to another incident.

The only day that saw more U.S. casualties came March 23, during the first week of the invasion that ousted Saddam Hussein.

Rumsfeld called it "a tragic day for America and for these young men and women. I must say, our prayers have to be with them and with their families and their loved ones."

The helicopter downing and the other confirmed U.S. death Sunday brought to at least 138 the number of American sol-

diers killed by hostile fire since President Bush declared an end to combat on May 1.

Sunday's attacks came amid threats attributed to Saddam's party of a wave of violence against the U.S. occupation. Saturday had been planned as a "Day of Resistance" in Baghdad, though no widespread violence was reported there.

A U.S. military spokesman, Col. William Darley, confirmed the Chinook casualty count of 15 but said the cause of the crash was under investigation. He said witnesses reported seeing what they believed were missile trails.

Some of the American troops killed in the downing were believed to be from Fort Carson, Colo., post spokesman Lt. Col. Thomas Budzyna said.

Witnesses said they saw two missiles fired from a palm grove at the heavy transport copter. The missiles flashed toward the helicopter from behind, as usual with heat-seeking shoulder-fired missiles such as the Russian-made SA-7. The old Iraqi army had a large inventory of SA-7s, also known as Strelas.

At the scene of the crash, villagers proudly showed off blackened pieces of wreckage to arriving reporters.

Though a few villagers tried to help, others celebrated word of the helicopter downing, as well as a fresh attack on U.S. soldiers in Fallujah itself, where witnesses said an explosion struck one vehicle in a U.S. Army convoy at about 9 a.m. Sunday. They claimed four soldiers died, but U.S. military sources said they couldn't confirm the report.

"This was a new lesson from the resistance, a lesson to the greedy aggressors," one Fallujah resident, who wouldn't give his name, said of the helicopter downing. "They'll never be safe until they get out of our country," he said of the Americans.

The 10-ton Chinook — the military's heavy-list workhorse used primarily for moving troops and equipment — was the biggest U.S. target yet shot from the skies. The downed craft belonged to the Army's 12th Aviation Brigade, supporting the 82nd Airborne Division Task Force.

The helicopter struck Sunday was part of a formation of two Chinooks carrying a total of more than 50 passengers to the U.S. base at the former Saddam International Airport, renamed Baghdad International Airport, which the military calls BIA.

"Our initial report is that they were being transported to BIA for R&R flights," a U.S. command spokeswoman in Baghdad said. She said at least some were coming from Camp Ridgway, believed to be an 82nd Airborne Division base in western Iraq.

Command spokesman Darley said he didn't know whether the troops were bound for leaves at home or abroad outside Iraq.

Villagers said the copters took off from the air base at

WORLD NEWS

Habbaniyah, about 10 miles northwest of the crash site. One villager, Thaer Ali, 21, said someone fired two missiles from the area of a date palm grove about 500 yards from where the stricken copter crashed.

Another witness, Yassin Mohamed, said he ran out of his house, a half-mile away, when he heard an explosion. "I saw the Chinook burning. I ran toward it because I wanted to help put out the fire, but couldn't get near because of American soldiers."

Witnesses said the second copter hovered over the downed craft for some minutes and then set down, apparently to try to help extinguish a fire. The downed, 84-foot-long copter was already destroyed.



A U.S. helicopter flies near the area after a Chinook helicopter was shot down.

At least a half-dozen Black Hawk helicopters later hovered over the area, and dozens of soldiers swarmed over the site. Injured were still being evacuated at least two hours later.

Insurgents have fired on U.S. aircraft before, downing two helicopters since Saddam's regime fell — though only one American was injured in those incidents.

American military officials have repeatedly warned that hundreds of shoulder-fired surface-to-air missiles remain unaccounted for in Iraq since the collapse of Saddam's regime in April. The U.S.-led coalition has offered rewards of \$500 apiece to Iraqis who turn the weapons in.

Also Sunday, in Abu Ghraib, on Baghdad's western edge, U.S. troops clashed with townspeople Sunday for the second time in three days, and witnesses reported casualties among both the Americans and Iraqis. There was no immediate official confirmation.

Local Iraqis said U.S. troops arrived Sunday morning and ordered people to disperse from the marketplace and remove what the Iraqis said were religious stickers from walls. Someone then tossed a grenade at the Americans, witnesses said, and the soldiers opened fire.

The U.S. command said it had no immediate information, but Iraqi witnesses said they believed three or four Americans were killed and six to seven Iraqis were wounded.

Last Friday at the same marketplace, attempts by U.S. troops to clear market stalls from a main road led to sporadic clashes that left two Iraqis dead, 17 wounded and two U.S. soldiers wounded.

The Pentagon announced Friday it was expanding the home leave program for troops in Iraq, to fly more soldiers out of the region each day and take them to more U.S. airports. As of Sunday, it said, the number of soldiers departing daily via a transit facility in neighboring Kuwait would be increased to 480, from 280.

The shootdown of the Chinook came after what U.S. occupation chief L. Paul Bremer on Saturday called "a tough week" in Iraq, beginning with an insurgent rocket attack on Sunday against a Baghdad hotel housing hundreds of his Coalition Provisional Authority staff members. One was killed and 15 wounded in that attack.

A day later, four coordinated suicide bombings in Baghdad killed three dozen people and wounded more than 200. Attacks against U.S. forces had already stepped up in the previous week, to an average of 33 a day.

The Chinook death toll surpasses one of the deadliest single attacks during the Iraq war: the March 23 ambush of the 507th Maintenance Company, in which 11 soldiers were killed, nine were wounded and seven captured, including Pvt. Jessica Lynch.

A total of 28 Americans around the country — including the casualties from the ambush — died on that day, the deadliest for U.S. troops during the Iraq war.



SPORTS



Bryant Returns As Lakers Edge the Suns

PHOENIX (AP) — Kobe Bryant returned to a mix of boos and cheers and scored 15 points - including three free throws in the final 66 seconds - to help the All-Star lineup of the Los Angeles Lakers hold on to defeat the Phoenix Suns 103-99 Saturday night.

Bryant missed a free throw with 10.9 seconds to go and the Lakers leading 102-99, giving the Suns a chance to tie it. But Amare Stoudemire, not known for his outside shooting, missed a 3-pointer from the top of the key.

The Suns' Shawn Marion got the rebound, but went up for a shot instead of passing it out for another 3-point try. He missed, and Karl Malone grabbed the rebound and was fouled. He sank one of two free throws with 2.3 seconds left to clinch it.

Bryant, awaiting trial on sexual assault charges in Colorado, shot 4-of-12 from the field and 7-of-10 from the foul line in 37 minutes - more than he had expected to play.

Bryant didn't play in the season opener Wednesday because of weakness in his

surgically repaired right knee.

He was booed by most, but got more than a few cheers, when he was introduced in the starting lineup. Some in the crowd booed him every time he touched the ball.

Shaquille O'Neal had 24 points and 12 rebounds, Gary Payton added 19 points and nine assists and Malone had 18 points and 12 boards for Los Angeles. Devean George added 12 points and 12 rebounds.

Stephon Marbury led the Suns with 26 points and 11 assists.

Joe Johnson, who scored 20, sank a 3-pointer with 3:04 to go to give the Suns their only lead 94-93, then made another one to tie it at 97 with 1:19 remaining. He missed a 15-footer that would have tied it with 21 seconds to go.

Penny Hardaway had 15 points off the bench for Phoenix but fouled out late. Marion had 15 points and 11 rebounds but was 6-for-23 from the field. Stoudemire scored 13.

The Lakers' final eight points came on free throws. They were 27-for-39 at the line. Phoenix was 15-for-15.

The Suns trailed by as many as 15 points in the first quarter and led just once, 94-93 on Johnson's 3-pointer with 3:04 left.

But Malone sank a 20-footer, the Lakers' last field goal, to put Los Angeles up for good - 95-94 with 2:42 left. Malone made two from the line to make it 97-94 with 1:13 to go, but Johnson's 3-pointer tied it at 97-97 with 1:19 to go.

Bryant's two free throws put Los Angeles up for good, 99-97 with 1:06 to play, then Payton made two from the line to put Los Angeles ahead 101-97 with 15.5 seconds left.

Notes:@ The Suns play nine home games in November. ... The Lakers hadn't played in four days, but return home to face Golden State on Sunday. ... The Lakers have won five in a row against Phoenix. ... George, the non-All Star in

the Los Angeles starting lineup, was 4-for-5 for eight points in the first quarter. ... Phoenix didn't shoot its first free throw until 6:41 remained in the first half. The Suns were 3-for-3 in the first half, the Lakers 9-for-13.



James Held to 8 Points in Cavaliers' Loss

PORTLAND, Ore. (AP) — LeBron James had his worst game of the young season, shooting 3-for-12 and scoring eight points with six assists in a 104-85 loss to the Portland Trail Blazers on Saturday night.

Zach Randolph had 21 points and 13 rebounds and Jeff McInnis came off the bench to score 15 points in the home opener for the Blazers, who got off to a slow start but eventually led by as many as 25.

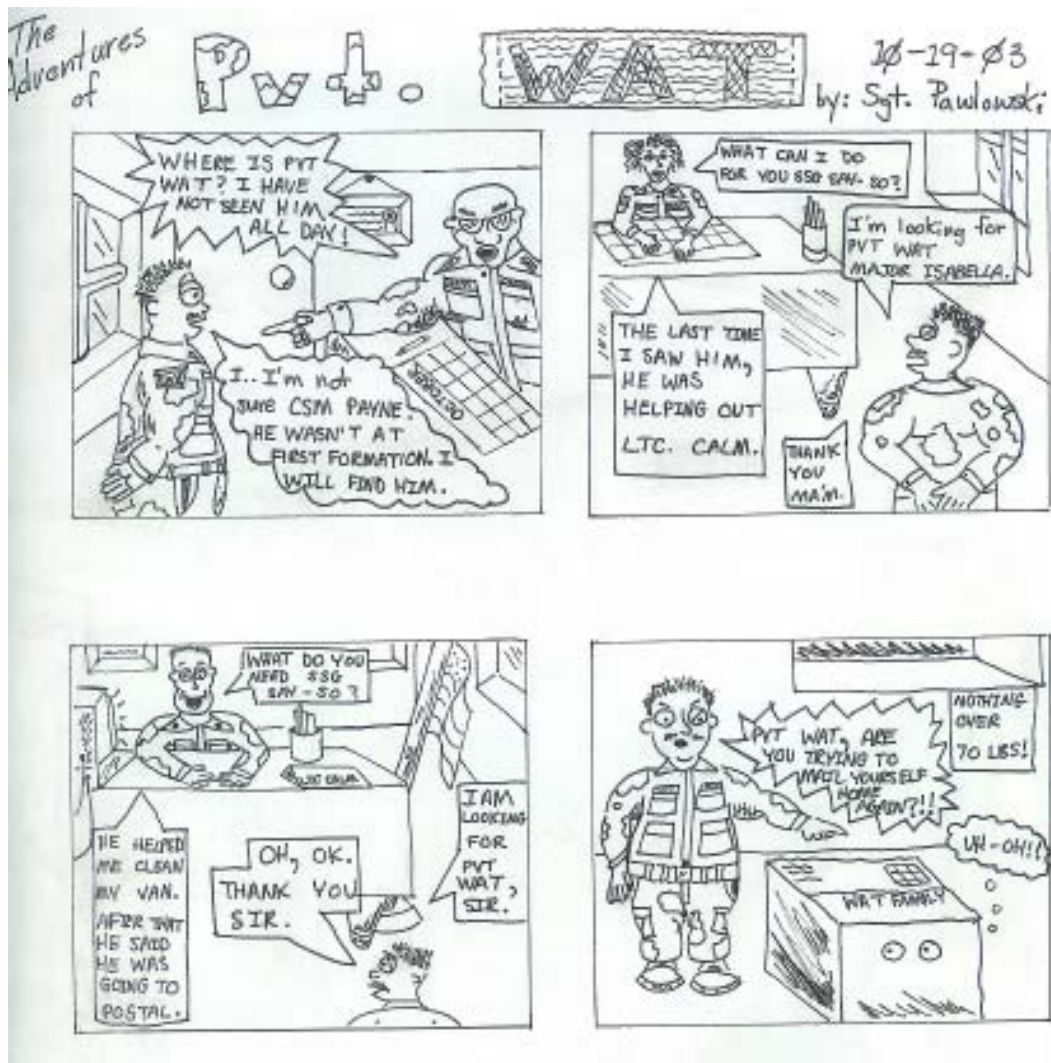
At the start of the game, the Blazers put 5-foot-10 point guard Damon Stoudamire on the 6-8, 240-pound James, the NBA's top draft pick. Stoudamire pestered James, who had just two points and three assists in the first half.

In the season-opener Wednesday against Sacramento, James scored 12 points in the first quarter and finished with 25. The following night in Phoenix, he had 21 points, 12 rebounds and eight assists.

WEEKLY COMICS



Comic Feature by Kandahar's Own Sgt. Pawlowski



HEADLINERS

Commuter Gets Arm Stuck in Train Toilet

NEW YORK (AP) — A man riding a Metro-North train dropped his cell phone in a toilet and got his arm stuck trying to retrieve it Thursday, forcing the train to stop and delaying the evening commute for thousands of people.

Edwin Gallart, 41, of the Bronx, was stuck with his arm in the toilet for 90 minutes, The Advocate of Stamford reported in Friday's editions.

The incident happened on the 6:19 p.m. train from Grand Central Terminal. Crew members were alerted to the problem at about 59th Street, a few blocks north of Grand Central.

"When this moron's arm went down the crapper, so did our evening commute," Metro-North spokesman Dan Brucker said.

The conductor called for a supervisor, or trainmaster, who boarded the train at 125th Street to help, Brucker said.

High School Girls Nab Suspected Flasher

PHILADELPHIA (AP) — About 20 Catholic school girls chased down a man who had been flashing them near their high school, tackled him to the ground and held him there until police arrived, authorities said.

The students from St. Maria Goretti's High School for Girls in South Philadelphia said the man had been flashing students since the middle of September. He typically hid behind a van, waited for students and then jumped out and exposed himself, police said.

But on Thursday, store owners in the area saw the man flashing girls and started yelling at him. The students then chased him down the street and subdued him with the help of a passer-by, authorities said.

Caitlin Dalin, a 14-year-old ninth-grader, said she kicked the suspect with her school shoes. "I'm happy he's off the street," Dalin told the Philadelphia Daily News, adding that the suspect had exposed himself to her twice.

The suspect was treated at the hospital for minor injuries to his mouth.

Philadelphia police Inspector William Colarulo said the 25-year-old suspect, whose name was not released, is expected to face a long list of charges.

Greedy Scooter Drivers Put Nails on Roads

COLOMBO, Sri Lanka (AP) — Greedy scooter taxi drivers in southern Sri Lanka are laying nails on roads to disrupt cheaper bus service and are charging higher fare from commuters, a news report said Friday.

Calling the scooter taxi drivers "three-wheeler mafia," the Island newspaper said that the drivers place nails on roads so that tires of buses are damaged and the vehicles remained non-operational.

"Their modus operandi had been to place nails almost daily on the road so as to damage the tires," Island said quoting a local transport official in Kalutara, about 25 miles south of Colombo.

With no buses, commuters turn to scooter taxies and the drivers charge a minimum of 100 rupees (\$1) for a journey which otherwise cost 10 rupees (11 cents).

To show the plight of the commuters, Island carried a photograph showing school children taking free ride in a prison van. The area has Sri Lanka's maximum security prison.

SPORTS Continued

The Blazers, who lost their season opener at Utah, seized the lead midway through the first half and were ahead the rest of the way.

Zydrunas Ilgauskas had 21 points for the struggling Cavaliers, who have lost their first three games. Ricky Davis added 16 points and eight rebounds.

Cleveland went ahead 15-6 on a layup by Davis, but the Blazers chipped away, taking a 25-23 lead on McInnis' jumper early in the second quarter. Rasheed Wallace and Qyntel Woods added unanswered 3-pointers to make it 31-23 Portland.

The Blazers led 54-39 at the break and added to their advantage when Stoudamire opened the second half with a 3-pointer. Portland extended its lead to 90-69 midway through the fourth quarter on a 3-pointer by Qyntel Woods.

James' subpar effort didn't stop the crowd from cheering the 18-year-old star. Flashbulbs twinkled throughout the Rose Garden each time he threatened to score.

Long before the game, a large group of children gathered at courtside hoping for James' autograph. "Mr. James! Mr. James!" they shouted.

"It's crazy," James said about the attention, "but it's a dream come true for me."

Cleveland's home opener is Wednesday against Denver, a showdown between James and celebrated rookie Carmelo Anthony.

The Blazers have won their last five meetings with the Cavaliers.

NFL WEEK 9 SCORES

Final Pittsburgh (2-6-0) Seattle (6-2-0) «	1 2 3 4 T 0 3 3 10 16 3 3 3 14 23	Final Cincinnati (3-5-0) Arizona (3-5-0) «	1 2 3 4 T 7 7 0 0 14 7 3 7 0 17	Final Carolina (6-2-0) Houston (3-5-0) «	1 2 3 4 T 7 0 3 0 10 0 0 7 7 14	Final Oakland (2-6-0) Detroit (2-6-0) «	1 2 3 4 T 0 3 7 3 13 10 0 7 6 23
Final St. Louis (5-3-0) San Francisco (4-5-0) «	1 2 3 4 T 3 0 0 7 10 14 10 6 0 30	Final Philadelphia (5-3-0) « Atlanta (1-7-0)	1 2 3 4 T 10 0 3 10 23 0 13 0 3 16	Final New Orleans (4-5-0) « Tampa Bay (4-4-0)	1 2 3 4 T 0 7 7 3 17 0 0 0 14 14	Final San Diego (1-7-0) Chicago (3-5-0) «	1 2 3 4 T 0 0 0 7 7 3 7 3 7 20
Final Washington (3-5-0) Dallas (6-2-0) «	1 2 3 4 T 6 0 0 8 14 0 7 7 7 21	Final Green Bay (4-4-0) « Minnesota (6-2-0)	1 2 3 4 T 6 14 0 10 30 7 7 6 7 27	Final Jacksonville (1-7-0) Baltimore (5-3-0) «	1 2 3 4 T 0 3 7 7 17 7 0 6 11 24		
Final OT NY Giants (4-4-0) « NY Jets (2-6-0)	1 2 3 4 OT T 0 13 7 8 3 31 7 0 7 14 0 28	Final Indianapolis (7-1-0) « Miami (5-3-0)	1 2 3 4 T 0 9 7 7 23 7 0 7 3 17				

Courtesy of.



Gym from pg. 1

gym, a clamshell structure, will be considerably larger. It measures 64 feet by 118 feet; the walls will have the ability to be raised up, thus allowing the breeze to cool the gym.

William O'Brien, MWR Coordinator for KAF from Fort Polk, LA, says there will be \$50,000 worth of new equipment purchased to go into the new gym. He also states that the new gym will be able to hold about 200 people, twice the amount of the old gym. The new gym will continue to be open 24 hours a day.

A portion of the MWR tent will be used as the cardio equipment center. Stationary bikes, stair climbers, and elliptical machines will be available for cardiovascular training. Mr. O'Brien states that treadmills will not be a part of the new equipment, because the sandy/dusty conditions here destroy the running boards in a short amount of time.

The new gym will be divided in two sections. A climbing wall that is 20 feet tall by 24 feet wide will bisect the clamshell. A basketball court will be on one half and the other half will have all the free weights and nautilus machines.

The soldiers on Kandahar Air Field go to the gym to stay fit and relieve stress. The new facility will feature more than enough equipment to do a total body workout. Staff Sgt. Robert Moore of the 303rd AG Postal Company from Lowell, MAS, says he works out twice a day, and 5 to 6 days a week.

"Anytime you can improve the quality of equipment, it's probably going to improve the level of fitness for a soldier. With a better and larger facility more soldiers will have a chance to improve themselves," Moore said.

Mr. O'Brien stated that the construction of the new gym is part of MWR's, 205th Engineers, and Brown and





Root's endeavor to upgrade the entire base's amenities. "The new gym will be more appealing, it'll be larger, and cooler. The soldiers have a lot on their minds, and it reduces stress," said O'Brien. Mr. O'Brien added that anything that helps the morale of a soldier is important.



Sgt. Glenn Gilbert of the 303rd AG Postal Company, from Chicopee, MAS goes to the gym 6 days a week. At one point he stopped going due to the crowd and the long wait to utilize certain equipment. "With the new gym it will be a nice change of pace for everyone who is used to the old gym," Gilbert said.

Sgt. Gilbert agrees that the new gym will be better than the current facility. He also added that, "The gym we are in seems like a barbarians gym".

With all the new improvements taking place at Kandahar Air Field, MWR is doing it's best to help the service members live a little more comfortable. The new gym will be one of the main centers of activity on base.

Weekly Weather Forecast

<u>Mon</u> Nov 03		Sunny	82°/56°	0 %
<u>Tue</u> Nov 04		Partly Cloudy	82°/50°	0 %
<u>Wed</u> Nov 05		Sunny	75°/47°	0 %
<u>Thu</u> Nov 06		Sunny	75°/46°	0 %

<u>Fri</u> Nov 07		Sunny	73°/42°	0 %
<u>Sat</u> Nov 08		Sunny	70°/40°	0 %
<u>Sun</u> Nov 09		Sunny	74°/40°	20 %

Courtesy of the weatherchannel.com

Mountain Warrior Weekly is always accepting comments and suggestions as to how we can improve your newspaper. If you have comments or suggestions, or simply just want to be added to our emailing list, email the staff at
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